

Lauf Forks  
Presents  
THE 4TH ANNUAL CHINDER GRINDER

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UNOFFICIAL RESULTS - THE CHINO GRINDER 108 MILES  
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TIMING AND SCORING BY: CEP TIMING  
(480)315-1321 - P.O. BOX 30575 - PHOENIX, AZ 85046 - WWW.CEPTIMING.COM

CHINO VALLEY,AZ \* SATURDAY - MAY 6, 2017 \* Weather: SUNNY, 61-80 degrees

(CAT is: M = MNT BIKE, T = TANDEM, R = RELAY)

PLACE	NO.	NAME	SEX	AGE	1st 54m TIME	MPH	2nd 54m TIME	MPH	TOTAL TIME	MPH	CAT
1	1	TED KING	M	34	2:56:29.00	18.4	2:54:45.45	18.5	5:51:14.45	18.4	M
		MILL VALLEY, CA									
2	5	RYAN PETRY	M	29	2:56:29.00	18.4	2:56:28.00	18.4	5:52:57.00	18.4	M
		BOULDER, CO									
3	2	LEWIS ELLIOT	M	39	3:05:00.00	17.5	3:12:33.28	16.8	6:17:33.28	17.2	M
		SCOTTSDALE, AZ									
4	74	CHRIS LYMAN	M	49	3:07:04.00	17.3	3:15:45.96	16.6	6:22:49.96	16.9	M
		NAPA, CA									
5	106	DEAN SHREINER	M	54	3:11:45.00	16.9	3:16:19.63	16.5	6:28:04.63	16.7	M
		SCOTTSDALE, AZ									
6	53	MARK TREMLETT	M	44	3:11:34.00	16.9	3:21:24.43	16.1	6:32:58.43	16.5	M
		ALBUQUERQUE, NM									
7	55	CHRIS ABBOTT	M	49	3:11:35.00	16.9	3:21:23.48	16.1	6:32:58.48	16.5	M
		ALBUQUERQUE, NM									
8	4	CRAIG STREIT	M	44	3:18:53.00	16.3	3:17:22.37	16.4	6:36:15.37	16.4	M
		SCOTTSDALE, AZ									
9	15	THOMAS KEATING	M	29	3:16:46.00	16.5	3:19:29.61	16.2	6:36:15.61	16.4	M
		SCOTTSDALE, AZ									
10	24	CAMERON TAYLOR	M	34	3:27:47.00	15.6	3:12:26.02	16.8	6:40:13.02	16.2	M
		GILBERT, AZ									
11	7	DREW MILLER	M	49	3:05:01.00	17.5	3:40:15.90	14.7	6:45:16.90	16.0	M
		FLAGSTAFF, AZ									
12	98	MIKE KALLNER	M	54	3:15:13.00	16.6	3:32:07.08	15.3	6:47:20.08	15.9	M
		PARADISE VALLEY, AZ									
13	34	ROBERT PAULSEN	M	39	3:28:35.00	15.5	3:19:17.17	16.3	6:47:52.17	15.9	M
		MESA, AZ									
14	45	DAX MASSEY	M	44	3:14:05.00	16.7	3:34:02.61	15.1	6:48:07.61	15.9	M
		DENVER, CO									
15	134	DEAN G BUZBEE	M	60	3:16:39.00	16.5	3:32:01.36	15.3	6:48:40.36	15.9	M
		ALBUQUERQUE, NM									
16	110	GARY WARNICA	M	54	3:16:57.00	16.5	3:31:54.38	15.3	6:48:51.38	15.8	M
		GLENDALE, AZ									
17	152	ADDISON ZAWADA	M	99	3:18:15.00	16.3	3:32:29.50	15.2	6:50:44.50	15.8	S
		JACKSONVILLE, FL									
18	71	KIRK KLEPFER	M	49	3:31:57.00	15.3	3:19:10.85	16.3	6:51:07.85	15.8	M
		CHANDLER, AZ									
19	122	DAN MCGEHEE	M	59	3:28:50.00	15.5	3:23:25.58	15.9	6:52:15.58	15.7	M
		MESA, AZ									
20	163	LAURA SPENCER	F	39	3:29:15.00	15.5	3:23:13.75	15.9	6:52:28.75	15.7	M
		SAN ANSELMO, CA									

21	38	GREGORY ANDERSON SACRAMENTO, CA	M	44	3:29:00.00	15.5	3:23:31.41	15.9	6:52:31.41	15.7	M
22	3	NEIL SHIRLEY NEWHALL, CA	M	39	3:28:31.00	15.5	3:24:00.69	15.9	6:52:31.69	15.7	M
23	129	STEVEN STUART SCOTTSDALE, AZ	M	59	3:28:39.00	15.5	3:32:13.35	15.3	7:00:52.35	15.4	M
24	91	STEVEN ELLISON HUNTINGTON BEACH, C	M	54	3:30:56.00	15.4	3:30:03.67	15.4	7:00:59.67	15.4	M
25	167	MINDY CARUSO ALBUQUERQUE, NM	F	49	3:31:58.00	15.3	3:31:28.08	15.3	7:03:26.08	15.3	M
26	37	TOM AMENT SCOTTSDALE, AZ	M	44	3:33:51.00	15.2	3:30:16.42	15.4	7:04:07.42	15.3	M
27	107	COLIN STOKES IRVINE, CA	M	54	3:32:01.00	15.3	3:37:15.58	14.9	7:09:16.58	15.1	M
28	84	HENRY SVENDBLAD SCOTTSDALE, AZ	M	49	3:39:35.00	14.8	3:32:16.82	15.3	7:11:51.82	15.0	M
29	143	PRESTON ROBERTSON TUCSON, AZ	M	60	3:31:08.00	15.3	3:43:01.93	14.5	7:14:09.93	14.9	M
30	25	KYLE VAN RENTERGHEM TUCSON, AZ	M	34	3:43:34.00	14.5	3:35:36.60	15.0	7:19:10.60	14.8	M
31	93	ROSS GAGNON LONG BEACH, CA	M	54	3:41:40.00	14.6	3:37:47.37	14.9	7:19:27.37	14.7	M
32	22	MARCO QUINTANA ALBUQUERQUE, NM	M	34	3:32:57.00	15.2	3:48:58.35	14.1	7:21:55.35	14.7	M
33	164	LAUREN THOMPSON ALBUQUERQUE, NM	F	39	3:33:06.00	15.2	3:48:49.46	14.2	7:21:55.46	14.7	M
34	139	HARRY JOHNSON BOZEMAN, MT	M	60	3:43:27.00	14.5	3:39:44.82	14.7	7:23:11.82	14.6	M
35	27	ADAM WADSWORTH MESA, AZ	M	34	3:41:47.00	14.6	3:43:52.92	14.5	7:25:39.92	14.5	M
36	19	CHRISTOPHER MCCREA PEORIA, AZ	M	29	3:39:45.00	14.7	3:46:12.20	14.3	7:25:57.20	14.5	M
37	123	MANNY ORTIZ WADDELL, AZ	M	59	3:39:10.00	14.8	3:47:06.45	14.3	7:26:16.45	14.5	M
38	130	JEFF SUMSION PARK CITY, UT	M	59	3:40:30.00	14.7	3:47:10.85	14.3	7:27:40.85	14.5	M
39	88	PAUL CARBONE TUCSON, AZ	M	54	3:41:50.00	14.6	3:47:59.93	14.2	7:29:49.93	14.4	M
40	86	MARK WESTON ALISO VIEJO, CA	M	49	3:47:07.00	14.3	3:44:07.83	14.5	7:31:14.83	14.4	M
41	16	DILLON KENNEDY TEMPE, AZ	M	29	3:39:50.00	14.7	3:52:33.50	13.9	7:32:23.50	14.3	M
42	313	RACHAEL LAMB TUCSON, AZ	X	99	4:22:12.00	12.4	3:12:45.94	16.8	7:34:57.94	14.2	R
43	9	SALLY ASTON PHOENIX, AZ	F	49	3:43:20.00	14.5	3:51:52.90	14.0	7:35:12.90	14.2	M
44	26	PETER VLAD PHOENIX, AZ	M	34	3:43:24.00	14.5	3:52:29.36	13.9	7:35:53.36	14.2	M
45	162	KATA SKAGGS MESA, AZ	F	39	3:43:26.00	14.5	3:52:30.34	13.9	7:35:56.34	14.2	M
46	35	JASON VAYRE PHOENIX, AZ	M	39	3:54:15.00	13.8	3:49:15.21	14.1	7:43:30.21	14.0	M
47	144	DAVE SIMMONS PHOENIX, AZ	M	60	3:59:56.00	13.5	3:43:35.29	14.5	7:43:31.29	14.0	M
48	148	MARK BIBBEY CHANDLER, AZ	M	99	3:40:11.00	14.7	4:06:38.81	13.1	7:46:49.81	13.9	S
49	124	BARRY RICH SCOTTSDALE, AZ	M	54	3:39:02.00	14.8	4:08:36.60	13.0	7:47:38.60	13.9	M
50	89	ANDREW CICHEWICZ GILBERT, AZ	M	54	3:51:19.00	14.0	3:56:28.88	13.7	7:47:47.88	13.9	M
51	51	TERRY SCHMIDTKNECHT MESA, AZ	M	44	3:41:54.00	14.6	4:09:32.77	13.0	7:51:26.77	13.7	M
52	57	STEVE ALSCHULER ALBUQUERQUE, NM	M	49	3:51:16.00	14.0	4:01:03.52	13.4	7:52:19.52	13.7	M
53	6	MEGAN HOTTMAN	F	99	3:59:18.00	13.5	3:56:09.67	13.7	7:55:27.67	13.6	S

GOLDEN, CO	54	54	ERIC WRIGHT	M	44	3:54:02.00	13.8	4:03:50.45	13.3	7:57:52.45	13.6	M
RIVERSIDE, CA	55	173	ANDREA JEAN SURA	F	49	3:55:05.00	13.8	4:02:47.76	13.3	7:57:52.76	13.6	M
ALISO VIEJO, CA	56	140	ROBIN KINNEY	M	60	3:54:27.00	13.8	4:03:26.37	13.3	7:57:53.37	13.6	M
NEWPORT BEACH, CA	57	90	SHANNON DAY	M	54	3:52:38.00	13.9	4:05:32.05	13.2	7:58:10.05	13.6	M
PHOENIX, AZ	58	156	SHAWNA GLAZIER	F	39	3:51:49.00	14.0	4:08:02.98	13.1	7:59:51.98	13.5	M
PHOENIX, AZ	59	61	ANDY BYRNES	M	49	3:52:36.00	13.9	4:07:16.27	13.1	7:59:52.27	13.5	M
PHOENIX, AZ	60	41	SHALOM GOFFRI	M	44	4:03:15.00	13.3	4:03:34.47	13.3	8:06:49.47	13.3	M
HOUSTON, TX	61	87	WAYNE BRANDER	M	54	3:54:20.00	13.8	4:15:58.79	12.7	8:10:18.79	13.2	M
LONG BEACH, CA	62	56	MARK ALLEN	M	49	4:03:14.00	13.3	4:07:45.41	13.1	8:10:59.41	13.2	M
TEMPE, AZ	63	11	WINDY MARKS	F	99	4:05:58.00	13.2	4:07:19.35	13.1	8:13:17.35	13.1	T
PHOENIX, AZ	64	120	DOUGLAS LANGE	M	59	3:59:02.00	13.6	4:14:47.39	12.7	8:13:49.39	13.1	M
SCOTTSDALE, AZ	65	30	MICAH CLINGER	M	39	3:59:51.00	13.5	4:15:42.30	12.7	8:15:33.30	13.1	M
FLAGSTAFF, AZ	66	119	MIKE HUNTER	M	59	4:09:05.00	13.0	4:07:29.49	13.1	8:16:34.49	13.0	M
ALBUQUERQUE, NM	67	8	ALBERT WIMER	M	99	3:55:55.00	13.7	4:21:31.63	12.4	8:17:26.63	13.0	S
GILBERT, AZ	68	113	DALE AGAR	M	59	4:13:06.00	12.8	4:04:20.70	13.3	8:17:26.70	13.0	M
PHOENIX, AZ	69	103	MIKE MORRIS	M	54	4:20:18.00	12.4	3:58:34.41	13.6	8:18:52.41	13.0	M
COSTA MESA, CA	70	49	DAVID PAUL	M	44	4:07:50.00	13.1	4:13:48.59	12.8	8:21:38.59	12.9	M
TRABUCO CANYON, CA	71	320	NEIL TEWES	M	99	4:13:04.00	12.8	4:08:40.65	13.0	8:21:44.65	12.9	R
PRESCOTT, AZ	72	112	JAMES WILLIAMS	M	54	4:10:00.00	13.0	4:13:03.36	12.8	8:23:03.36	12.9	M
PEORIA, AZ	73	150	STEVE LOVEJOY	M	99	4:13:48.00	12.8	4:10:13.61	12.9	8:24:01.61	12.9	S
PHOENIX, AZ	74	10	TOM STACK	M	49	4:09:58.00	13.0	4:15:43.89	12.7	8:25:41.89	12.8	M
PHOENIX, AZ	75	48	ERIN MORLEY	M	44	4:00:34.00	13.5	4:25:54.36	12.2	8:26:28.36	12.8	M
CHANDLER, AZ	76	170	LAURA MORRIS	F	49	4:03:48.00	13.3	4:25:18.44	12.2	8:29:06.44	12.7	M
COSTA MESA, CA	77	319	DAVE HARDY	M	99	4:32:32.00	11.9	3:57:47.51	13.6	8:30:19.51	12.7	R
PRESCOTT, AZ	78	85	DAVID TUPPONCE	M	49	4:10:40.00	12.9	4:20:04.95	12.5	8:30:44.95	12.7	M
PHOENIX, AZ	79	154	JENNIFER CHANSLEY	F	39	4:05:49.00	13.2	4:25:09.08	12.2	8:30:58.08	12.7	M
TUCSON, AZ	80	126	WAYNE ROSENTHAL	M	59	4:05:40.00	13.2	4:25:18.96	12.2	8:30:58.96	12.7	M
BAKERSFIELD, CA	81	63	ERIC CRUZ	M	49	4:14:05.00	12.8	4:22:06.60	12.4	8:36:11.60	12.6	M
MESA, AZ	82	132	CHUCK WHEELER	M	59	4:04:35.00	13.2	4:32:07.99	11.9	8:36:42.99	12.5	M
PARADISE VALLEY, AZ	83	182	SANDI SCRIMGEOUR	F	59	4:13:58.00	12.8	4:26:03.47	12.2	8:40:01.47	12.5	M
PRESCOTT, AZ	84	31	JOE EGOSQUE	M	39	4:28:38.00	12.1	4:15:56.21	12.7	8:44:34.21	12.4	M
MESA, AZ	85	169	JULIE LYON	F	49	4:06:42.00	13.1	4:38:46.39	11.6	8:45:28.39	12.3	M
PHOENIX, AZ												

86	153	JESSICA BROWN CHANDLER, AZ	F	39	4:18:02.00	12.6	4:33:30.06	11.8	8:51:32.06	12.2	M
87	52	JEFF SCHWARTZMAN LADERA RANCH, CA	M	44	4:24:08.00	12.3	4:30:42.80	12.0	8:54:50.80	12.1	M
88	68	JASON HANSON FLORENCE, AZ	M	49	4:28:42.00	12.1	4:28:11.71	12.1	8:56:53.71	12.1	M
89	47	DAVID MEYERS FLAGSTAFF, AZ	M	44	4:14:53.00	12.7	4:44:39.80	11.4	8:59:32.80	12.0	M
90	80	DEREK PARKER PHOENIX, AZ	M	49	4:15:03.00	12.7	4:46:39.01	11.3	9:01:42.01	12.0	M
91	77	BRIAN MAYEUX PHOENIX, AZ	M	49	4:25:05.00	12.2	4:37:13.12	11.7	9:02:18.12	11.9	M
92	180	REBECCA KELLER ALBUQUERQUE, NM	F	59	4:26:00.00	12.2	4:39:48.35	11.6	9:05:48.35	11.9	M
93	111	DANIEL WHITEHILL PHOENIX, AZ	M	54	4:33:15.00	11.9	4:33:41.53	11.8	9:06:56.53	11.8	M
94	28	JON BIALIS TUCSON, AZ	M	39	4:17:05.00	12.6	4:50:44.40	11.1	9:07:49.40	11.8	M
95	29	WILSON BURWELL GOODYEAR, AZ	M	39	4:39:16.00	11.6	4:29:59.63	12.0	9:09:15.63	11.8	M
96	78	JOHN MCGRATH PARADISE VALLEY, AZ	M	49	4:40:56.00	11.5	4:37:58.06	11.7	9:18:54.06	11.6	M
97	158	HEATHER HAWKE ALISO VIEJO, CA	F	39	4:23:48.00	12.3	4:56:08.02	10.9	9:19:56.02	11.6	M
98	127	CRAIG RUBENSTEIN LAGUNA NIGUEL, CA	M	59	4:23:32.00	12.3	4:56:24.11	10.9	9:19:56.11	11.6	M
99	104	ANGEL PADILLA ALISO VIEJO, CA	M	54	4:32:40.00	11.9	4:47:16.15	11.3	9:19:56.15	11.6	M
100	101	JERRY LIVERNOIS ORO VALLEY, AZ	M	54	4:32:58.00	11.9	4:50:46.74	11.1	9:23:44.74	11.5	M
101	32	MATTHEW KEELER PHOENIX, AZ	M	39	4:14:39.00	12.7	5:10:31.52	10.4	9:25:10.52	11.5	M
102	43	STAN LANDRY PHOENIX, AZ	M	44	4:29:12.00	12.0	5:01:18.62	10.8	9:30:30.62	11.4	M
103	174	COLLEEN VENTI MESA, AZ	F	49	4:47:55.00	11.3	4:48:04.97	11.2	9:35:59.97	11.3	M
104	109	JOE VOGELSANG MESA, AZ	M	54	4:43:54.00	11.4	4:52:07.01	11.1	9:36:01.01	11.2	M
105	100	PETER LEROUX PHOENIX, AZ	M	54	4:40:50.00	11.5	4:56:26.01	10.9	9:37:16.01	11.2	M
106	17	JON KULIKOWSKI LAS VEGAS, NV	M	29	4:17:58.00	12.6	5:20:00.33	10.1	9:37:58.33	11.2	M
107	185	JODY BARTZ FLAGSTAFF, AZ	F	99	4:48:31.00	11.2	4:51:35.00	11.1	9:40:06.00	11.2	S
108	157	DANIELLE GOOLD CAVE CREEK, AZ	F	39	4:41:05.00	11.5	4:59:09.40	10.8	9:40:14.40	11.2	M
109	81	DAVID PIVIN PHOENIX, AZ	M	49	4:22:00.00	12.4	5:20:21.56	10.1	9:42:21.56	11.1	M
110	317	SARAH GREENUP SCOTTSDALE, AZ	F	99	4:14:50.00	12.7	5:29:07.49	9.8	9:43:57.49	11.1	R
111	172	JULIE STOKES IRVINE, CA	F	49	5:05:20.00	10.6	5:03:31.52	10.7	10:08:51.52	10.6	M
112	18	JOEY LAVALLEY FLAGSTAFF, AZ	M	29	4:29:00.00	12.0	5:40:20.35	9.5	10:09:20.35	10.6	M
113	133	DONALD BRAUN GOODYEAR, AZ	M	60	4:52:54.00	11.1	5:24:07.11	10.0	10:17:01.11	10.5	M
114	131	RODNEY TIMM TUCSON, AZ	M	59	5:05:25.00	10.6	5:15:00.03	10.3	10:20:25.03	10.4	M
115	114	CLIFF ANDERSON TEMPE, AZ	M	59	4:45:59.00	11.3	5:36:16.11	9.6	10:22:15.11	10.4	M
116	168	HOLLY HOVIOUS PHOENIX, AZ	F	49	4:57:07.00	10.9	5:25:12.97	10.0	10:22:19.97	10.4	M
117	72	JOSHUA LAWTON CHANDLER, AZ	M	49	4:56:25.00	10.9	5:26:28.84	9.9	10:22:53.84	10.4	M
118	65	BOYD FRICK	M	49	4:40:51.00	11.5	5:42:28.34	9.5	10:23:19.34	10.4	M

SILVERTHORNE, CO											
119 105 GREG SARBO	M	54	4:40:44.00	11.5	5:42:37.47	9.5	10:23:21.47	10.4		M	
GILBERT, AZ											
120 116 MICHAEL BARBOUR	M	59	4:41:03.00	11.5	5:42:21.96	9.5	10:23:24.96	10.4		M	
QUEEN CREEK, AZ											
121 118 MIKE BUTNER	M	59	4:55:19.00	11.0	5:30:48.43	9.8	10:26:07.43	10.3		M	
PHOENIX, AZ											
122 99 ROBERT KEC	M	54	4:46:28.00	11.3	5:40:47.87	9.5	10:27:15.87	10.3		M	
PRESCOTT, AZ											
123 145 WARD SIMPSON	M	60	5:04:56.00	10.6	5:26:20.83	9.9	10:31:16.83	10.3		M	
PHOENIX, AZ											
124 14 WOLFGANG DEVINE	M	29	4:52:34.00	11.1	5:39:01.92	9.6	10:31:35.92	10.3		M	
TUCSON, AZ											
125 177 PAMELA CREECH	F	59	5:24:58.00	10.0	5:23:30.11	10.0	10:48:28.11	10.0		M	
FLAGSTAFF, AZ											
126 67 JASON HAMMOND	M	49	5:12:55.00	10.4	5:35:56.80	9.6	10:48:51.80	10.0		M	
CAVE CREEK, AZ											
127 79 BLAIR MCLAUGHLIN	M	49	5:14:30.00	10.3	5:34:22.38	9.7	10:48:52.38	10.0		M	
SCOTTSDALE, AZ											
82 BRICE SMITH	M	49	3:07:58.00	17.2						M	
PRESCOTT, AZ											
40 GARRETT CUNICO	M	44	3:35:15.00	15.1						M	
GILBERT, AZ											
92 RICHARD FARABEE	M	54	3:48:44.00	14.2						M	
QUEEN CREEK, AZ											
62 RAMON CONTRERAS	M	49	3:54:10.00	13.8						M	
LAS VEGAS, NV											
13 JOHNNY CORCORAN	M	29	4:00:56.00	13.4						M	
TEMPE, AZ											
186 TERRY WOOLSTON	M	60	4:18:47.00	12.5						M	
, AZ											
58 DEREK BACH	M	49	4:23:59.00	12.3						M	
GOODYEAR, AZ											
121 JOE LOZON	M	59	4:28:55.00	12.0						M	
LITCHFIELD PARK, AZ											
176 JENNIFER BUNTZ	F	59	4:39:58.00	11.6						M	
ALBUQUERQUE, NM											
147 STEVE WETMORE	M	60	4:41:56.00	11.5						M	
TUCSON, AZ											
69 KEN HILL	M	49	5:03:28.00	10.7						M	
GOODYEAR, AZ											
12 GENE CAPINAS	M	29	5:05:01.00	10.6						M	
LAS VEGAS, NV											
142 ROBERT NICOLAU	M	60	5:07:27.00	10.5						M	
PRESCOTT, AZ											
141 BRUCE LAROSE	M	60	5:24:45.00	10.0						M	
TUCSON, AZ											